Hello,

I am taking a university course called LDRS 301: Lifelong Learning in Leadership.

As one of my trusted family members, friends, or colleagues, I would appreciate your feedback to help me understand myself better. Please choose the 10 best adjectives that describe me. If there is a word that you would use to describe me that is not on the list below, feel free to add it.

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| --- | --- | --- | --- | --- | --- | --- |
| **Johari Adjectives** | | | | | | |
| Able | Clever | Friendly | Introverted | Observant | Religious | Silly |
| Accepting | Complex | Giving | Kind | Organized | Responsive | Spontaneous |
| Adaptable | Confident | Happy | Knowledgeable | Patient | Searching | Sympathetic |
| Bold | Dependable | Helpful | Logical | Powerful | Self-assertive | Tense |
| Brave | Dignified | Idealistic | Loving | Proud | Self-conscious | Trustworthy |
| Calm | Empathetic | Independent | Mature | Quiet | Sensible | Warm |
| Caring | Energetic | Ingenious | Modest | Reflective | Sentimental | Wise |
| Cheerful | Extroverted | Intelligent | Nervous | Relaxed | Shy | Witty |

The 10 adjectives that best describe \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (name) are: